

**Stearns Champions Park  
Adaptive Recreation In  
A Special Environment  
(A.R.I.S.E.)**

**4520 East 23rd Street  
Long Beach, 90815  
Phone: (562) 570-1685**

**City of Long Beach Parks, Recreation & Marine  
Community Recreation Services**



**Stearns Champions Park A.R.I.S.E Program  
Monday-Friday 2:00-5:00 PM**



**August 2015**



The A.R.I.S.E Program provides sports, recreational, and social activities for Long Beach adult residents with disabilities.

In addition, the *Adaptive A.R.I.S.E Recreation* program provides information and referral services for the disabled.

**Dining Out Program-First Wednesday Of The Month**

August 6@ Hometown Buffet

**Movie Night-Third Wednesday of the Month**

August 19@ A Local Theater

\$25.00 Minimum

Call park office for movie information

**Special Event Field Trip**

Thursday August 13th Whale Watching Cruise \$35

Friday August 21st Movie In The Park \$5

**Monday:** Cooking/Mother's Beach 2-5 PM

**Tuesday:** Healthy Champions

**Wednesday:** Arts & Crafts/

**Thursday:** Fieldtrip

**Friday:** Bowling @ Cal Bowl \$2.00 With Shoes

\$4.75 Without Shoes

**Tuesday & Thursday—Special Olympics 7-8 PM**

**THE HANDIVAN IS ON A FIRST COME FIRST SERVE BASIS. HANDIVAN RESERVATIONS ARE TAKEN ON MONDAY MORNING OF THE EVENT'S WEEK.**

**PLEASE CALL (562) 570-1685 TO REQUEST THE HANDIVAN.**

**YOU WILL RECEIVE A CALL IF THE VAN IS FULL**

**CALENDAR IS SUBJECT TO CHANGE**

	Monday	Tuesday	Wednesday	Thursday	Friday	
<i>Dream</i>	3 <u>Mother's Beach</u>	4 <u>Healthy Champions</u> Chair Exercise	5 <u>Arts &amp; Crafts</u> Name Monsters  Dining out	6 <u>Fieldtrip</u> 99 Cent Store	7 <u>Bowling</u> \$2 With Shoes \$4.75 Without Shoes	
<i>Enchanted Forest</i>	10 <u>Cooking Class</u>  Root Beer Floats	11 <u>Healthy Champions</u> Hand Weights	12 <u>Movie With Popcorn</u>  TBA	13 <u>Fieldtrip</u> Whale Watching Cruise	14 <u>Bowling</u> \$2 With Shoes \$4.75 Without Shoes	
<i>Catch A Wave</i>	17 <u>Mother's Beach</u>	15 <u>Healthy Champions</u> Chair Exercise	19 <u>Arts &amp; Crafts</u> Make A Harp  Movie Night	20 <u>Fieldtrip</u> Shoreline Village	21 <u>No Bowling</u>  <u>Movie In The Park</u> Guardians Of The Galaxy	
<i>Imagine That</i>	24 <u>Cooking Class</u>  Nachos	25 <u>Healthy Champions</u> Hand Weights	26 <u>Arts &amp; Crafts</u> Star Paper Art	27 Table Games	28 <u>Bowling</u> \$2 With Shoes \$4.75 Without Shoes	
<i>Sea Cruise</i>	31 <u>Mother's Beach</u>					